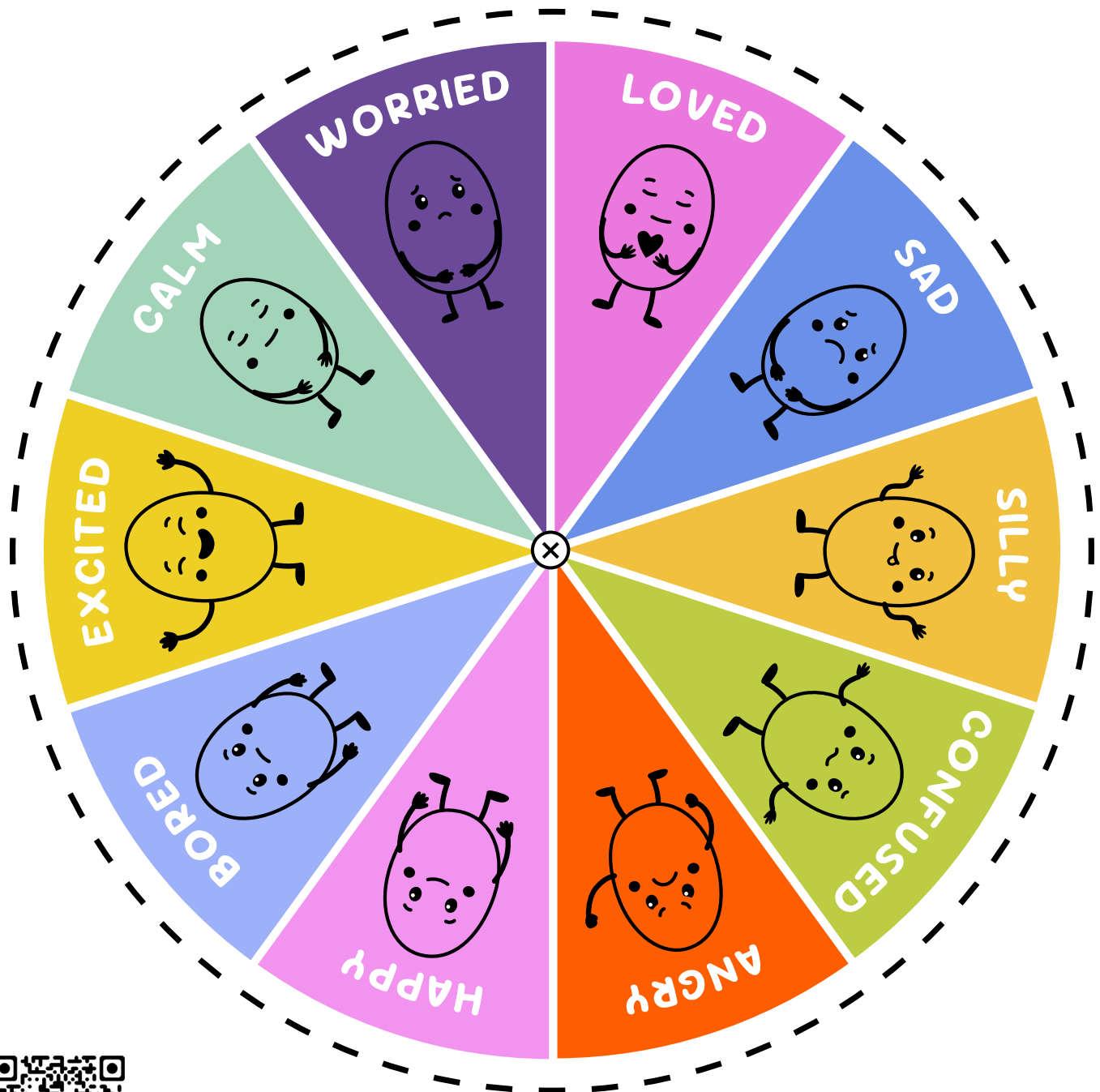


Emotion Wheel

- 1) Cut out the circle and the arrow.
- 2) Attach the arrow to the circle with a split pin through the ⊗
- 3) Spin the arrow so it aligns with your feelings.
- 4) Start a conversation!



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